



## **Watford Stags Football Club Health and Safety Policy**

### **1. Introduction**

Watford Stags Football Club is committed to ensuring the health and safety of all its members, including players, coaches, volunteers, and spectators. This health and safety policy outlines the Club's approach to managing and minimizing risks associated with football activities and promoting a safe environment for all participants.

### **2. Policy Statement**

- The Club is committed to providing a safe environment for all its members.
- The Club will take all reasonable steps to ensure the health, safety, and welfare of its members.
- Health and safety are the responsibility of every Club member, and everyone has a role to play in promoting safe practices.

### **3. Responsibilities**

- **Executive Committee:** Ensure that health and safety policies and procedures are in place and adhered to.
- **Club Welfare Officer:** Oversee the implementation of health and safety policies and ensure compliance.
- **Coaches and Volunteers:** Promote safe practices, conduct regular safety checks, and report any hazards or incidents.
- **Members and Spectators:** Follow health and safety guidelines and report any concerns to Club officials.

### **4. Health and Safety Procedures**

#### **4.1 Risk Assessment**

- The Club will conduct regular risk assessments to identify potential hazards and take appropriate measures to mitigate risks.
- Risk assessments will be reviewed annually or whenever there are significant changes to activities or facilities.

#### **4.2 Training**

- All coaches and volunteers will receive health and safety training relevant to their roles.
- First aid training will be provided to designated members.

#### **4.3 First Aid**

- The Club will maintain a fully stocked first aid kit at all training sessions and matches.
- A qualified first aider will be present at all Club activities.

#### **4.4 Facilities and Equipment**



- The Club will ensure that all facilities and equipment are safe and well-maintained.
- Regular inspections will be conducted to identify and address any issues.

#### 4.5 Incident Reporting

- All accidents and incidents must be reported to the Club Welfare Officer and recorded in the Club's incident log.
- The Club will investigate incidents and take appropriate action to prevent recurrence.

#### 5. Emergency Procedures

- In case of an emergency, the safety of participants is the first priority.
- Emergency contact numbers for local medical services and the nearest hospital will be readily available.
- All members should be familiar with the location of first aid equipment and emergency exits.

#### 6. Monitoring and Review

- The Executive Committee will monitor compliance with the health and safety policy.
- The policy will be reviewed annually or sooner if there are changes in legislation or best practice guidelines.

#### 7. Policy Adoption

This Health and Safety Policy was adopted by Watford Stags Football Club on [Date].

Signed:

Chairperson: \_\_\_\_\_ Karim \_\_\_\_\_

Club Welfare Officer: \_\_\_\_\_

Secretary: \_\_\_\_\_

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#### Appendix: Risk Assessment for Watford Stags Football Club Activities

**Activity:** Football Training Sessions and Matches

**Location:** [Specify location, e.g., Home Ground, Watford Park]

<b>Hazard</b>	<b>Risk Level (Low/Medium/High)</b>	<b>Mitigation Measures</b>	<b>Responsible Person</b>
Slips, trips, falls	Medium	Regularly inspect and maintain playing surfaces; remove debris; ensure proper footwear	Coaches and Volunteers



<b>Hazard</b>	<b>Risk Level (Low/Medium/High)</b>	<b>Mitigation Measures</b>	<b>Responsible Person</b>
Collision/Injury	High	Enforce rules; provide adequate supervision; ensure proper warm-up and cool-down	Coaches
Weather conditions	Medium	Monitor weather forecasts; provide appropriate clothing and hydration	Coaches
Equipment safety	Low	Regularly inspect and maintain equipment; replace damaged items	Coaches and Volunteers
Medical emergencies	Medium	Have a qualified first aider present; keep a fully stocked first aid kit	Club Welfare Officer
Unauthorized access	Low	Ensure only authorized personnel enter the playing area; supervise entry points	Volunteers
Fire	Low	Ensure clear access to emergency exits; keep fire-fighting equipment accessible	Facility Manager

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**Emergency Contact Information:**

**Local Medical Services:** Phone: [Local Medical Services Phone Number]

**Nearest Hospital:** Phone: [Nearest Hospital Phone Number] Address: [Nearest Hospital Address]

**Local Police:** Phone: [Local Police Non-Emergency Number] (For emergencies, dial 999)